

# Baseball Pitch Count Log

League: \_\_\_\_\_

Division: \_\_\_\_\_

Team: \_\_\_\_\_

League Age	Max Pitches per Day	# of Pitches Thrown	# Days Rest Req'd	League Age	Max Pitches per Day	# of Pitches Thrown	# Days Rest Req'd
7-8	50	1-20	0	15-16	95	1-30	0
9-10	75	21-35	1			31-45	1
11-12	85	36-50	2	17-18	105	46-60	2
13-14	95	51-65	3			61-75	3
		>65	4			>75	4

**EXCEPTION:** If a pitcher reaches the Max # of pitches for his/her league age while facing a batter, the pitcher may continue to pitch until the batter reaches base or is put out

A player who pitches 20 or less pitches in a game may play in the second game of a double header. Two game pitch count total cannot exceed the total daily max pitches allowed

A player who pitches 36 pitches or less can play at the catcher's position.

A player who catches in 2 or more innings in a game may not pitch for the remainder of that day.

Day / Date / Opponent	Pitcher's Name	League Age	Track the Number of Pitches Thrown (Cross Out each Number as the Pitch is Thrown)																																			# of Pitches Thrown	Max # of Pitches	# Days Rest Req'd	Mgr Initials (post game)
			Pitch Counts should be ANNOUNCED to BOTH Managers (Teams) at the End of each HALF INNING.																																						
Saturday 4/1 Red Sox	Example	12	<del>1</del>	<del>2</del>	<del>3</del>	<del>4</del>	<del>5</del>	<del>6</del>	<del>7</del>	<del>8</del>	<del>9</del>	<del>10</del>	<del>11</del>	<del>12</del>	<del>13</del>	<del>14</del>	<del>15</del>	<del>16</del>	<del>17</del>	<del>18</del>	<del>19</del>	<del>20</del>	<del>21</del>	<del>22</del>	<del>23</del>	<del>24</del>	<del>25</del>	<del>26</del>	<del>27</del>	<del>28</del>	<del>29</del>	<del>30</del>	<del>31</del>	<del>32</del>	<del>33</del>	<del>34</del>	<del>35</del>	67	85	3	LJB
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35				
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70				
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105				